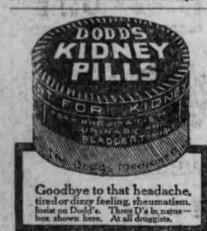
### Do Not Fear When Fighting & German or a Germ!

By DR. M. COOK.

The cool fighter always wins and so there is no need to become panicthree C's: A Clean Mouth, a Clean the poisons that accumulate within the body and to ward off an attack of the influenza bacillus, take a good liver regulator to move the bowels. Such a one is made up of May-apple, leaves of nice, root of jalap, and is to be had at any drug store, and called "Pleasant Purgative Pellets."

If a bad cold develops, go to bed, wrap store "Anuric Tablets" to flush the clothes, and to food? kidneys and control the pains and nches. Take an "Anuric" tablet every two hours, together with copious drinks of lemonade. If a true case of influenza, the food should be simple, such as broths, milk, buttermilk and ice-cream; but it is important that food be given regularly in order to keep up patient's strength and vitality. After the acute attack has passed, which is generally from three to seven days, the system should be built up by the use of a good iron tonic, such as "Irontic" tablets, to be obtained at some drug stores, or that well known blood-maker and herbal tonic made from roots and barks of forest trees-sold everywhere as Dr. Pierce's Golden Medical Discovery.



Up to the Fish. Game Warden-Hey, kld, don't you know this ain't the season for trout-Small Boy (fishing)-Sure, but when It is the season there ain't any around and when it ain't, there's always a lot of them. If the fish ain't goin' to obey the rules, I ain't either -Boys' Life.

by LOCAL APPLICATIONS, as they cannot reach the sout of the disease. Catarrh is a local disease, greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE will cure catarrh it is taken internally and acts through the Blood on the Murous Surfaces of the System HALL'S CATARRH MEDICINE is composed of some of the best tonics (news), combined with some of the best tonics of the ingredients in HALL'S CATARRH MEDICINE is what produces and won. Catarrh Cannot Be Cured i the ingredients in HALLS CATAGORIES (EDICINE Is what produces such won-orful results in catarrhal conditions. Drouglats 15c. Testimonials free. P. J. Chaney & Co., Props., Toledo, O.

LUTY THEIR ONLY THOUGHT

boldiers Who Carry Messages Have but One Idea, the Information
Must Reach its Destination.

Phere is a post every once in se often along the front lines, where the men detailed to messenger service await their turn for duty. Every hope a message of some sort must be caried to the rear, if only to inform the reserves that all is well. The men pas the time between turns singing and whistling and joking with each other When the hour is up the man whos turn it is takes the message, shakes hands with the others, says "So long. boys," and starts. They shake hands, because they know the chances are he will not reach the rear. In that case phother man will start, take the message from him and carry it on. Sometimes he too, falls before the goal is reached. Then a group of messengers lenges the post, and one or the other of them picks up the message. For the message must get to the rear.

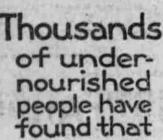
Often it happens as in one instance A desperately wounded messenger reached the rear and gave the message into the hands of the commanding of steer. He had picked it up from a a suit may be substituted for an everatten comrade and had himself been hit twice on the way. He died while the officer was rending the message; "Nothing to report."—From a Red Cross Worker's Scrapbook.

Inventa Device for Bugs A farmer of Jersey county, Illinois is the inventor of a device with which he claims to have caught 35 bushels

grasshoppers in a single day. Sound Thoughts.

Tenderfoot-I just happened First-Class Scout-I thought I heard

something rattle.-Boys' Life.



food a scientific blend of nourishing cereals - helps wonderfully in building health and happiness.

Needs no Sugar

### SPANISH INFLUENZA Can You Dress On \$125 a Year? Frock May Be Made of White ATTRACTIVE COATEE OF MOLE Chiffon or Other Material.

atricken. Avoid fear and crowds. Ex- Roosevelt administration in Washing- these days, the budget may be taken ercise in the fresh air and practice the ton depressing statements have come as intended for the average woman. Skin and Clean Bowels. To carry off of being well dressed. Depressing for form of appeal, information, or advice the reason that they were so appall- to women on the matter of clothes. ingly low. Nothing so produces discouragement in humans, writes a fashion authority, as to be told that they fashions to the multitude; therefore it should and can accomplish a desired is easier to be dictatorial about the result on a sum of money that they latter than the former. The law is consider almost too small for the pre- better established; the mathematical liminaries.

up well, drink freely of hot lemonade or a feeling of utter hopelessness than ceeding interest in them is often and take a hot mustard foot-bath. to be told by the head of the family caused by the great gamble which is Have the bedroom warm but well ven- of the amazing achievements of an- connected with them, tilated. Obtain at the nearest drug other woman in regard to money, to

the bureau of labor statistics, not in dress exploited it, along with a host through the White House-gives as of other fashions that were taken up the average cost of being well dressed in the name of "classic," It started as the following figures, one feels like a reaction from the furbelows of the giving up the whole problem of how to pre-Revolutionary time, as worn by look well on little. The total yearly Marie Antoinette. It was called the allowance for dress of these women Greek costume, and the historians tell who make a smart appearance (the us that it came about through the phrase belongs with the statistics) is attempt of two famous young sculptors to cut a pattern for such a robe for a \$125 a year. Can you do it? stout and matronly "mere de famille," Here Are the Figures,

Outside clothing (suits, coats, swent- who insisted upon it. ers, dresses, waists, dress skirts), \$57.58; hats, \$11.59; shoes, \$14.20; as strongly accentuated now as then, gloves, \$3.32; stockings, \$5.53; corsets, and we, like the women of that day, \$3.41; underwear, \$7.18, and miscel- have discarded the chemise; yet it laneous, \$14.27.

would appear that the average wage- the transparent drapery without a earning woman who is well dressed lining. No scandals like those of Mme, usually chooses these items of her Hamelin's day for us! wardrobe from the following priced articles: Suit or coat (alternate years), \$25 to \$30; shirtwaists, \$6 to \$15; one- this winter is permitted to give it bulk piece dress, \$15; wool skirt, \$5 to \$10; or bulging curves. Lines must follow ummer skirts, \$3 to \$5; party dress those of the body. In so much have (worn for two years), \$25.

New York.-Since the days of the | and furthermore, as idlers are rare from the social center agent the cost No one includes the millionaire in any

That Uncorseted Figure. Figures belong to the individual, but average has no part. Fashions are, or You as a woman know that full well. they are not. They are launched even What would reduce you to greater rage if they do not succeed; and the ex-

corseted figure is a gamble, roughly You have done your best with your speaking. It was launched some allowance, of that you are sure. Such months ago, but the public thought it is the feeling that surges in every one of those revivals that rarely get woman's mind and heart when Wash- beyond the salons of the extreme deington informs us, infrequently, what signers. Yet this inspiration has surcan be done in our own chosen line of vived the months, and it grows in work at a slight expenditure of money. fashion, if not in grace. We call it Now, when Washington-through directoire merely because that epoch

The clinging effect of the skirts is must be quickly said that we use a "As regards external clothing, it substitute. We are not going in for

All Skirts Must Cling. No imposed drapery on the skirt of we adopted the classic. Therefore "If close economy is necessary, a soft materials are preferred. Satin.



TWO AFTERNOON FROCKS-TRIMMED WITH FUR. On the left is one showing a short, loose tunic of terra cotta chiffon, trimmed with skunk and embroidered in black. There is a narrow skirt of black satin and a long chain of jet. The large hat is of fur. On the right is a black velvet frock fastened in back and trimmed with narrow bands of ermine. There is a sash of black and silver brocaded ribbon. sparate waists in lieu of a \$15 one- | chosen more than other fabrics for

piece dress, or a dress waist worn with those frocks. ning dress, or a winter coat may be third place, and dyed lace is pushed worn for three seasons, or an evening forward as a substitute. Even cream dress for three or four years. In view lace is revived for entire frocks, but of the range of choice, it appears that it does not have the presilge of gray a woman may reasonably be expected or brown. Both these colors are draped to secure outside clothing for a good over tulle or satin in the same or a appearance at an expenditure of from \$70 to \$75.

"As regards articles of dress other of an old, old style of fastening is that than outside clothing, the necessary the exclusive tailors have applied it to expenditures would be distributed roughly as follows: Hats, \$10 to \$15; novel, Jackets of peltry are fashshoes, \$12 to \$17; gloves, \$2.50 to \$5; joned in this manner, and there are stockings, \$3 to \$7; corects, \$2 to \$5; combinations of velours and soft fur underwear, \$5 to \$10; and miscella- that are put together like a cuirass neous, approximately \$10. Allowing for blouse, in a very loose fashion, to go individual variation in prices and with skirts of the cloth, but they rank choice, this means an annual expendias coats and not blouses. ture of from \$50 to \$60 for these articles, which as a rule have to be relaced each year.

"Comblaing these two amounts-outside clothing \$70 to \$75, and other articles of dress \$50 to \$60—the total (Copyright, 1918, by the McClure Newspayearly expenditure would range from \$120 to \$135, averaging approximately,

Bay, \$125." True, these are wage-earning women, the story points out; but it adds a rolling collar of white georgette, so that they are as well dressed as the heavily braided with white soutache immense majority of women who have that it is stiff enough to hold its rollno more, and often not nearly as much | ing shape as if it were stiffened with as the wage-earner to spend on clothes; wires.

Latticework of Gold

flant type, but a gown loses nothing in

the exchange. Those who are the

apostles of simplicity prefer it. Dark

front of a blouse, the end of a panel,

Blouses and Collars.

or the nom of a long skirt.

| tunics which are almost as long as Along with other revivals, by the the underskirt, and are cut just alike way, there comes into the fushions a back and front, except for a vest in plentiful use of the old quilting stitch front. Very high collars, which are done in gold thread. It is nothing but worn doubled over about the throat, simple latticework, and can be done have never been more in vogue; they by an amateur; but it is vastly ef- are sometimes turned up to the eyes, fective. It has usurped the place of and sometimes worn turned back on

Chiffon Itself has taken a second or

The odd feature about this revival

coats. In that touch we get something

Heavy furs are worn that give suffi-

cient protection in the open. And this

verdict for peltry placed on peltry

Frock of Tricolette.

A striking frock of tricolette has

pleases the public. Some women look

contrasting color.

embroidery of a more lavish and bril- the shoulders like a cape. Satin Collar on Sweaters.

Some of the new sweaters are made satin frocks are enhanced by it, and with satin sailor collars and cuffs and also more practical ones of serge, vel- satin sashes to match. On one such vetcen and velours. The metal thread swenter the satin pieces were embelmust be tarnished and dull; brilliancy lished with circular designs at the is too glaring. It, as a fashion, should four corners of the collar, at the ends suggest liself immediately to a woman of the sash and at the front of the who is in need of a new idea for the cuffs, done in embroidered wool.

Separate waistcoats to wear under nutumn suits are made of silk and Fichus are used on many dinner trimmed with colorful soutache braiddresses and a number of black satin ing or yarn emrboidery; some of these dresses are made with white georgette | models close in the front with one or crope or chiffen aprons. Many of the more buttons; others are more in the blonses are long and some are draped shape of slipover jumpers or overaround the hips and tied at one side. blouses, so popular a number of years vet the good and silver Many of them are very long, with ago.

Garment Is Trimmed Very Simply

With Rows of Inch-Wide Glossy

Ribbon in Color.

The little dance dress shown in the sketch may be made of white chiffon, net georgette or silk tissue, and it is trimmed very simply with rows of inch-wide glossy ribbon in color. Rainbow colors may be selected for the ribbon, two or three of these dainty pale shades being used with very good effect. If desired, the fabric of the gown may also be in color, and the

frock be a genuine rainbow affair. A foundation of sheer silk should be used for the dress, and it may be made slipover by running an elastic in at The directoire inspiration in the unthe waistline. Two or three ribbon straps hold it in place over the shoulder, and a ribbon girdle with long ends circles the walst.

> A dress of this kind is easy to make and may be very inexpensive. Spending a great deal of money on a dance or evening dress is never really necessary and at present it is poor taste. There will be few formal evening functions during the coming winter season, and the simple dances scheduled call for simple costuming. An allover lace dress is always

pretty, and many lace dresses are be ing featured for the coming season. Extreme simplicity is the rule in designing these frocks. Frequently the bodice is merely a wide girdle of silk or satin topped by a frill or yoke of lace and with short lace sleeves. The skirt may be a single length of lace, or it may be formed of two or three lace flounces. A ribbon sash or girdle inishes the dress.

Ribbon trimming is extremely popplar this season. Plain bands of ribon are used on frocks for both day-



Ribbon-Trimmed Dance Frock

thread with it. Wool whipped on the time and evening wear, and ribbon bias, spiral effect is the most fascinatflowers, bowknots, etc., appear on in- ing thing ever. numerable evening dresses of sheer

Very narrow "baby" ribbon is often knitted to form cuffs and collar for a waists can be perfectly protected from street suit or frock, and the knitted your heavy winter coat by wearing one ribbon sweater has been worn for of the new waist protectors. The pretmonths. During the summer it was test is made of white china silk that merely a sweater, now it appears as a can be washed, although any light colsleeveless vest to be worn underneath or may be used. A piece of silk about the suit jacket.

LACE ON THE CURVED EDGE the edges are seamed together for a

How to Overcome the Perplexing Task of Putting the Straight Material in Place.

Have you often been troubled in putting straight lace on a curved edge? You have been if you have ever tried putting cluny, for instance, on the out-

side edge of a big round centerpiece. This is an easy way to overcome the difficulty. Roll the lace in a little tight roll. Wind it tightly about the center with a stout thread. Then dip the straight edge in water to about half the width of the lace. Let it dry and you will find a piece of lace ready shaped to your liking. You see what happens is that the straight edge, being wetted, shrinks, and so can be expensive models gold or silver ribbon easily adjusted to the curved edge of of the same widths are employed a the centerplece.

If you have any new table linen- around the crown and finished off in Serve on lettuce leaves. or cotton, mayhap-to hem, try this soft bows or streamers or they are method. Trim such edges as need fashioned into flowers laid flat on the trimming and then run them through brims or around the crown. These the machine hemmer, with a fine trimmings are said to be especially efneedle, unthreaded. This will crease fective when worn on dark hats. the hems with perfect evenness and will also punch holes through the fabric with the unthreaded needle. Then you can turn the hem back and over- small, close hat that requires a veil. hand the hems through the little holes Filet, hexagon and hairline meshes with the least expenditure of effort. will lead, with a "novelty" now and Remember in many heavy materials then. Chenille dotted veilings are to that must be laid in plaits and then be worn, and large furry dots form pressed that pins can be used to fas- widely separated motifs. In the wovten the plaits into position until they en patterns there will be many all-

Tablier Is Really Only a Panel-Ar-

rangement to Be Much in Evi-

dence This Winter.

a distinct fashion. They may be short

the slightest connection with the dress

proper. It is as if one had really

added an apron of brocade or mar-

quisette or satin to the dress one is

Sometimes they begin at the neck

panel such as appeared on summer

frocks. As this arrangement is to be

in criss-cross stitches.

Apron draperles appear on so many

out the pins and press the material considered smart.

APRON DRAPERIES ARE SMART | a banding of fur, are very smart. As no fullness is seen on the bodices this season, most of them being of the basquelike plainness of the Civil war, the apron tunic may begin at the collar as a waistcoat, sprending out at the waistline, from which it falls free, Now and then the tunic tablier buttons in things that they may be considered the back or again it is set in quite apart from any relations to either back or long and they may or may not have

Collars Are Large. Many of the new collars are of huge proportions. Some of them are on frocks, some on coats and sometimes they are made of fur, sometimes of and hang straight down well below velvet, sometimes of the fabric of the the hips and are caught in only with the narrowest of string belts. Again frock or coat itself. The collars are not usually fastened close against the a hem is folded back on the bottom throat, but rather billow out in folds of the drapery, as in a peasant's apron or rolls and so give an impression of and bright-hued embroidery is added even greater size than if they were In effect the tablier is really only compactly bound against the throat.

much in evidence this winter it is Fur trimmings of moleskin, nutria, well to note that any sort of fabric seal and squirrel are abundant and are can be used to develop it. With vel- aided by all sorts of braids and che



# CHIC DANCE DRESS THE THE THE TOP TO THE STORY OF MALE OF MALE

set up all the higher ideals-a quiet

planting, a few books full of inspira-

tion and genius, a few friends worthy of being loved and able to love us in turn; a hundred innocent pleasures that bring no pain or remorse; a devotion to the right that will never

swerve; a simple religion empty of

bigotry, full of trust and hope and

love; and to such a philosophy this world will give up all the empty joy

THE EVER POPULAR POPCORN

Popcorn may be used in such a num

ber of ways which will appeal to the

liked food:

corn. Added just before serving, it

remains crisp. A spoonful of popped

corn sprinkled over a dish of hot

Savory Balls for Salads .- Mold into

balls one cupful each of ground pop-

ped corn and grated cheese. Season

with paprike and salt and bind into

balls with a little mayonnaise dress-

ing. Served with salad these balls

take the place of crackers or bread

and season it highly with salt, papri-

ka, minced parsley or a little grated

Popcorn Kisses .- Beat the white of

an egg until stiff; add a half-cupful

each of ground popcorn and powdered

sugar and a tablespoonful of flour

(level), a little salt, and when well

mixed drop by spoonfuls on greased

Popcorn Biscuits,-Sift four tea-

spoonfuls of baking powder with one

teaspoonful each of salt and sugar

and one cupful of wheat flour and a

half-cupful of corn flour, four table-

spoonfuls of shortening and one cup-

bake on a hot griddle, turning the

cakes as they brown. They may be

baked in the oven if preferred. This

算 異 選

All men whom mighty genius has raised to a proud eminence in the

world have usually some little weak-ness which appears the more conspic-uous from the contrast it presents to

TIMELY DISHES.

Cranberries are said to be especially

conditions by building

good for various ills, warding off acid

their general character.-Dickens.

recipe makes one dozen biscuit.

small cakes.

lemon peel. Gradually work in suffi-

Balls for Clear Soups.—Beat an egg

and make a substantial food.

cream soup is another favorite.

taste that the following

will be welcome as sug-

gestive of the possibili-

ties of this common, well-

A fruit salad is im-

proved as to food value

by the addition of a cup-

ful of freshly popped

it has .- David Swing

turn a man's wrong doing, but do not overturn him unless it must be done in overturning wrong.

FOR THE THANKSGIVING TABLE.



For the breakfast on Thanksgiving day, when all the good things our purses and markets can furnish are planned for the dinner, let us not forget to serve: Chestnut Pan-

cakes.—Beat separately the yolks and whites of three eggs, add threequarters of a cupful of cream, a tablespoonful each of fat and sugar, with sufficient flour (using corn flour) and two tablespoonfuls of baking powder, to make a batter. When the cakes are baked spread each with mashed and seasoned chestnuts. Frozen Cranberries -This makes a

most delightful change from the ordinary method of serving cranberries. Pick over and wash a quart of fine berries. Add two cupfuls of sugar and two cupfuls of water and when boiling add the berries. Cook until soft; cool and add one-half cupful of lemon juice. Rub through a sieve, turn into a melon mold and bury in ice and salt for four hours. When ready to serve unmold and send at once to the ta-

Pear and Tomato Salad .- This is a combination especially good, and not et all common. Take small even-sized comatoes, peel and cut in petal-shaped cient fine-ground popcorn to make a pieces without separating them, so stiff dough. Roll out in balls half an that the tomato lies like an open flow- inch in diameter; drop into the ketextremely chic coatee with gray velvet er. Peel ripe pears and slice on a tie of soup; boil five minutes before vest. With it is worn a small trian. vegetable slicer into strings; heap serving. gular hat of mole, ornamented by silover the tomato, add French dressing and a little minced celery. The dressing should be well seasoned and into position. You can do this with

All the way from France comes this

less marking than basting thread

heavy enough to hold the fabric makes,

Of course if you want to you can

use the heavy basting thread and snip

METAL AND COTTON THREAD

Combination Is Effective and Affords

Charming Variations; Suggestions

for the Needlewoman.

There is an increasing vogue for

combining metal thread with silk, wool,

or cotton embroidery. It is tremen-

charming variations. Here are some

suggestions for the needleworker who

Say, suppose, you have some "solid"

work in silk, cotton or wool. You don't

know how very effective it can be made

by an outlining in Either gold or silver

cotton embroidery isn't already done,

try couching it on with the metallic

stuff and just see if it isn't vastly

Another suggestion for introducing

the metal is to "whip stitch" the other

New Waist Protector.

24 inches wide and two yards long is

Narrow Ribbons on Hats.

used more or less in making hats for

women, but on both popular-priced and

Not only are narrow ribbons-usually

Dainty white lace and segreette

is interested in the unusual.

ters to the flowers of the same.

more decorative.

garment.

it and pull it as you go along.

ver flowers.

generous portion of cayenne'added. Thanksgiving Pudding.-To two cupfuls of fine bread crumbs, softened with a cupful of grape juice, add three paper and bake slowly until wellwell-beaten eggs, one-half cupful each browned. This will make a dozen of brown sugar and molasses, salt, cinnamon and nutmeg to taste. Mix well and add one cupful of raisins, chopped, one-half cupful of dried currants, one-quarter of a cupful of candied orange peel and half a cupful of nutmeats, all well dredged with flour. Sift two teaspoonfuls of baking powder ful of freshly ground popped corn. with one-half cupful of flour and add. Add enough milk or water to make beating well. Put into well-buttered into soft biscuits, cut in rounds and molds and steam three hours. Garnish dously effective and capable of such | the pudding with nut meats when serv-

> HHH The reason so few people get what they want is because they don't want it hard enough to use real effort in bringing things their way.-Max.

ing.

TEMPTING DISHES.

thread. The idea can be further carried out by adding French knot cen-The seasoning of foods is the most important part of cookery. The finest Where the embroidery is done enof dishes imperfectly or tirely in outline, and particularly if it improperly seasoned, are be the heavy wool of cotton kind, "flat, staple and unprofitcouching in metal is a mighty successgale." ful addition. In fact, if the wool or

A most appetizing hot 61sh good for the noon or night meal may be prefuls of cooked rice and So . the meat which has been put through the meat chopper. Season highly with cayenne, salt and add enough tomato to make the mixture quite moist. Bake

until well-heated through. Cooked beets either chopped or of hot vinegar, makes a most appetiz- definitely in jars of cold water, keeping way of serving the good whole- ing the fruit under the water.

ne vegetable. selected, and beginning at the ends, depth of 12 inches, to form the sleeves. Then the ends are prettily shirred and narrow white elastic run in so that they will fit closely about the wrist. When the arms are slipped into these odd sleeves, the width of the silk protects the back of the waist, and there is fullness of material enough so that It may be draped over ing boll; add the bacon and a small the chicken and serve hot. the bust and securely fastened by fancy pins. The whole waist is thus perfeetly protected by this simple little

measure of sugar, the pulp of three and steam for half an hour. Serve with oranges, one cupful of raisins and the any desired sauce. half an inch to an inch wide-being grated peel of one orange. Simmer Nut Mince Pie. Chop two cupfuls until thick; then pour into glasses and of apples, add a cupful of nut meats,

cover with paraffin.

Bake cabbage in the oven and when cider may replace the vinegar. tender season with butter, salt and sweet dripping may be used as buttter | very fine, add salt, pepper, a dash of Winter invariably brings in the ed in large quantities by the allies preserved ginger cut very fine. Serve and our own soldiers.

The marshmallow cream which serve in place of whipped cream on chopped pickle. chocolate or light desserts, is a fine fillare pressed. Then, as you press, take over ideas, and deep borders will be ing for cake and may also be used as

the alkaline carbonates needed in the blood. Cranberry jelly, the timehonored Thanksgiving dainty, is prepared by bolling two quarts of fruit with one of water;

strain and add threequarters of a pound of sugar to each pint of juice; stir until dissolved, but do not boil. Candied, LOOK AT CHILD'S eranberries are as good for garnishsliced and reheated with plenty of ing as cherries and much cheaper. good olive oil, when butter is to be Cook slowly until tender in a heavy saved, salt, a teaspoonful of sugar, a sirup, then dry on oiled paper. Crandash of cayenne and a tablespoonful berries if firm and fresh will keep in-

Chicken Fricassee.-For one fowl Hot Potato Salad .- Boil half a dozen add a quart of boiling water, three otatoes and slice them while hot. Fry sprigs of parsley, a bay leaf, a stalk thin slices of bacon and cut into small of celery, two slices of onion, a carrot pieces until there is half a cupful; and salt and pepper to taste. Cook into this after pouring off all but two slowly and serve with the following tublespoonfuls of fat, stir a table sauce if it is a special occasion: Cook spoonful of flour, with one-quarter of together four tablespoonfuls of fat and a teaspoonful of mustard, a few flour without browning; add slowly a dashes of red pepper and a half tea- pint of the chicken stock and cook ten spoonful of salt. Stir constantly un- minutes. Add the yolk of an egg beattil smooth, adding gradually a half en with a tablespoonful of cream and cupful of mild vinegar; let the dress- a squeeze of lemon juice. Pour over

onion chopped to the potatoes; heat | Steamed Fruit Roll.-Roll good, rich all together and serve very hot. biscuit dough half an inch thick, Cranberry Conserve.-Cook a quart spread with butter, then with jam, of cranberries in water enough to float | jelly or marmalade. Roll up-and place them. When cooked add an equal in a steamer on a perforated plate

cut fine, half a cupful of not too strong Cooked chopped beets, added to vinegar, one cupful of raisins, one-half chopped onion and green peppers with cupful of sugar, cloves, cinnamon and trimmings. Either they are drawn French dressing makes a nice saiad, nutmeg to taste. Add sait and use for filling two crusts. Fruit juice or sweet Onion and Pepper Salad,-Chop six

pepper. Chicken fat, bacon fat or any green peppers and one Bermuda onion in seasoning. These fats will not add mustard, one cupful of olive oil and the flavor that butter gives, but we the juice of one lemon; stir and mix are asked to save butter as it is need- until well blended. Add an inch of on a bed of lettuce.

Onion Salad,-Add the juice of an comes in the small paper cartons, sell- onion or part of one to a rich white ing at 15 cents, is a most convenient sauce. If served with mutton, add a delicacy to have on hand. It will sprinkling of cheese; if with fish, a

### Nellie Maxwell

### The World Over

The Calman islands, dependencies der the most extreme conditions of of Jamaica, are the turtle hunters' ice or cold. paradise. The largest of the group, Grand Calman, has the finest turtle education, has ordered the establishfisheries in the world.

Small wheels that have been invent- literature in every Italian university. ed by a Los Angeles man to prevent Mrs. Elizabeth Toms, eighty-five motorcycles overturning are so mount- years old, has severed her connection ed that they do not prevent a ma- with the Tyndale public school, Philachine running smoothly on rough delphia, of which she was janitress for roads.

part of its user's helmet, also being fostened to his coat, and which is kent poles from holes has been invented by tightly colled until needed,

As a substitute for the door mat | As a substitute for the alarm clock there has been invented a device pro- an inventor has brought out a mirror vided with horizontal brushes to re- to be so mounted outside a window move dust from the soles and tops of that the sun's rays are reflected into shoes and the bottom of trousers as a sleeper's eyes at any desired hour.

1,000 years ago. The girl's father being too old to fight, she fed his armies reflector that also prevents moisture detory, dressed in man's garb.

Signor Berenini, Italian minister of

ment of chairs of English and French 50 years.

For aviators a New York inventor | Electricity has been adapted to 48 has designed a parachute that forms different purposes about the household. A jack to lift telegraph or telephone a Chicago man.

Great fog-penetrating power is Chinese history records a woman claimed for a searchlight that has been general, Chin Muh Lau, more than invented in France with a greenish-

collecting on the glass.

## HOW MRS. BOYD



to go through an operation before I could get weil.
"My mother, who had been helped by Lydia E. Pinkham's Vegetable Compound, advised me to try it before submitting to an opention. It relieved me

from my troubles so I can do my house work without any difficulty. I advise any woman who is afflicted with female troubles to give Lydia E. Pinkham's Vegetable Compound a trial and it will do as much for "-Mrs. MARIE BOYD, 1421 5th

St., N. E., Canton, Ohio.

Sometimes there are serious conditions where a hospital operation is the only alternative, but on the other hand so many women have been cured by this famous root and herb remedy, Lydis E. Pinkham's Vegetable Compound, after doctors have said that an operation was necessary—every woman who wants to avoid an operation should give it a fair trial before submitting to such a

trying ordeal.

If complications exist, write to Lydia E. Pinkham Medicine Co., Lynn, Mass., for advice. The result of many years experience is at your service.





Stop Losing Calves You can Stamp Abortion Out of YOUR HERD and Keep It Out By the use of

DR. DAVID ROBERTS' "Anti-Abortion" Small Expense
Eastly Applied. Sure Results
Used successfully for 30 years Consult Dr. DAVID ROBERTS about all animal allments. Information free. Send for FREE copy of "The Cattle Specialist" with full infor-mation on Abortion in Cows. DR. DAVID ROBERTS VETERINARY CO., 190 Grand Avc., Wankeshe, Wisc.

"I understand, Mr. Rasp," began the sauve stranger, "that you once voted

for the Hon. -"Yes," admitted old Rupus Rasp. "I voted for him a good many years ago. Also I once applied my youthful tongue to an ice cold sledge hammer. Likewise I once paid tuition to a correspondence school of growing tall by mail and thereby becoming irresistible to the ladies. But it won't do you any good to produce that flat package which I observed outlined through your coat and which I suspect is a simple volume of 'Great Flights of Oratory by American Blatherskites,' for while I own up to having been a fool in my time it infuriates me to be called, even by implication, a hopeless durn fool." -Kansas City Star.

## TONGUE IF SICK, CROSS, FEVERISH

HURRY, MOTHER! REMOVE POI-SONS FROM LITTLE STOMACH, LIVER, BOWELS.

GIVE CALIFORNIA SYRUP OF FIGS AT ONCE IF BILIOUS OR CONSTIPATED.



Look at the tongue, mother! If coated, it is a sure sign that your little one's stomach, liver and bowels needs a gentle, thorough cleansing at

When peevish, cross, listless, pale, doesn't sleep, doesn't eat or act naturally, or is feverish, stomach sour, breath bad; has stomach-ache, sore throat, diarrhea, full of cold, give a teaspoonful of "California Symp of Figs," and in a few hours all the foul, constipated waste, undigested food and sour bile gently moves out of the little bowels without griping, and you have a well, playful child again.

You needn't coax sick children to take this harmless "fruit laxative:" they love its delicious taste, and it always makes them feel splendid. Ask your druggist for a bottle of California Syrup of Figs," which has

directions for babies, children of all ages and for grown-ups plainly on the ask to see that it is made by the "Callfornia Fig Syrup Company." Refuse any other kind with contempt.-Adv.

Draft Dodger. "The prima donna is on the war-

ath again," said the stage manager. "What's the matter now?" asked the apresario. "She says she feels a draft in ber

ressing room.' "Ump! She'd better consult that roung husband of hers. He's the most successful draft dodger I know."

Experiment has proved that every ton of coal burned makes unfit for breathing 300,000 cubic feet of air.

**Granulated Eyelids** Eyes inflamed by expo-sure to Sun, Dust and Wini your Druggists or by mail 60c per Bottle.
For Book of the Eye free write

Norwegian engineers have invented an automatic spillway gate for dams | bottle. Beware of counterfeits sold which is claimed to work perfectly un- here. To be sure you get the genuine,